

**The Total Motion Aquathlon
Saturday 25th May 2019
Provisional Starting Lists**

Starting/Swim Notes:

- Registration will open from 08:30.
- You will receive a wristband with your bib number on (as well as a bib number).
- There will be a compulsory briefing at 09:45.
- If the pool temperature is less than 14 degrees then wetsuits will be compulsory. Even if not compulsory it is advisable to wear one for your own comfort and efficiency.
- The first participant (#101) will enter the water at 10:00.
- Participants will start at 10-second intervals in bib number order.
- You will be called to poolside at least 5 mins prior to your wave start to line up in bib/start number order.
- Diving is permitted, however it is optional.
- The swim is 810m, 9 lengths of the lido.
- The pool will be roped into 5 lanes. The first length will be towards the lido cafe in the lane closest to the common.
- At the end of the first length you will go under the rope and swim back, away from the cafe, up the right hand side of lane 2. At the end turn, and swim down the other side of lane 2, keeping the rope on your right.
- **TIP: Only duck under the lane rope at the shallow/lido cafe/transition end, NOT at the deep end.**

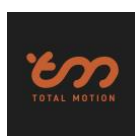
Provisional Starting List (Alphabetical)

Start Time	Race Number	Price type	Last Name	First Name	Age Category	Gender	Club Name
10:09:00	150	Individual	archer	paul	30-34	MALE	
10:23:30	222	Individual	argles	robert	50-54	MALE	Ful-On Tri
10:22:10	214	Individual	Baker	Max	30-34	MALE	
10:11:40	161	Individual	BARKER	Adam	25-29	MALE	
10:08:50	149	Individual	Barson	Martyn	40-44	MALE	
10:05:00	126	Individual	Bean	Rob	30-34	MALE	London Heathside
10:28:50	249	Individual	Berger	Juan	20-24	MALE	
10:23:20	221	Individual	Bobillon	Beatrice	35-39	FEMALE	Clapham Chasers
10:13:00	169	Individual	Bowcutt	Rowann	30-34	FEMALE	
10:10:50	156	Individual	Bricout	Rob	55-59	MALE	Clapham Chasers
10:10:10	152	Individual	Brierley-Rutter	Gemma	30-34	FEMALE	Clapham Chasers
10:20:30	204	Individual	Brook	Kate	45-49	FEMALE	Thames Turbo Triathlon Club
10:00:20	103	Individual	Brown	Emma	25-29	FEMALE	
10:21:00	207	Individual	Brown	David	30-34	MALE	South London Harriers Tri Club



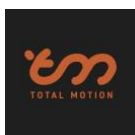
Total Motion Events

10:25:10	227	Individual	Bruwer	Martin	40-44	MALE	Ful-On Tri
10:21:50	212	Individual	Bubb-Humfries	Julian	30-34	MALE	
10:20:10	202	Individual	Bugler	Eve	30-34	FEMALE	Clapham Chasers
10:08:30	147	Individual	Carro-Lopez	Elena	30-34	FEMALE	Run Dem Crew
10:20:50	206	Individual	Carruthers	Robert	30-34	MALE	Tri London
10:23:10	220	Individual	Cherry	George	30-34	MALE	
10:31:20	259	Individual	Chie	Chris	35-39	MALE	London Fields Triathlon Club
10:30:30	254	Individual	Christodoulou	Yiannis	35-39	MALE	Ashford Triathlon Club
10:00:10	102	Individual	Chumber	Susheel	40-44	MALE	n/a
10:28:00	244	Individual	Chute	Charlie	35-39	MALE	Thames Turbo Triathlon Club
10:03:40	123	Individual	Clancey	Stephen	45-49	MALE	South London Harriers
10:02:50	118	Individual	Clarke	Freyja	25-29	FEMALE	
10:02:40	117	Individual	Clyne	Ailbhe	35-39	FEMALE	
10:12:10	164	Individual	Cook	Natalie	30-34	FEMALE	
10:23:00	219	Individual	cooke	catherine	45-49	FEMALE	Crystal Palace Triathletes
10:13:30	172	Individual	Coulter	Elizabeth	30-34	FEMALE	Clapham Chasers
10:13:50	174	Individual	Courage	Alex	25-29	FEMALE	Ful-On Tri
10:15:20	178	Individual	Cox	Oliver	25-29	MALE	Clapham Chasers
10:22:00	213	Individual	Crawford	Fiona	30-34	FEMALE	
10:08:40	148	Individual	Crockwell	David	60-64	MALE	Crystal Palace Triathletes
10:00:40	105	Individual	Crossland	Kate	30-34	FEMALE	Dacorum and Tring Athletics Club
10:31:30	260	Individual	Curd	Katie	25-29	FEMALE	Tri London
10:15:40	180	Individual	Curtis	Sarah	30-34	FEMALE	10IronWomen
10:03:20	121	Individual	D'Alessio	Pierre	50-54	MALE	
10:18:40	198	Individual	Daee	Sam	25-29	MALE	
10:17:30	191	Individual	Davies	Rhys	60-64	MALE	Ful-On Tri
10:12:30	166	Individual	DORIS	W	45-49	MALE	
10:18:10	195	Individual	Dowling	Sarah	50-54	FEMALE	Kent Ac
10:17:10	189	Individual	Dracup	Adrian	35-39	MALE	Kent AC
10:27:10	239	Individual	Dyer	Alec	45-49	MALE	Thames Turbo Triathlon Club
10:12:20	165	Individual	Eagling	Michael	19	MALE	
10:23:50	224	Individual	Earnden	Rosie	20-24	FEMALE	Hyde Park Harriers Triathlon
10:08:00	144	Individual	Eaton	Kate	55-59	FEMALE	South London Swimming Club
10:28:20	246	Individual	Ellerker	Amy	25-29	FEMALE	Clapham Chasers
10:06:40	136	Individual	elliott	michelle	30-34	FEMALE	
10:21:10	208	Individual	Fairfax	Susan	40-44	FEMALE	Crystal Palace Triathletes



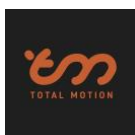
Total Motion Events

10:23:40	223	Individual	Falconer	Katie	30-34	FEMALE	South London Harriers Tri Club
10:02:10	114	Individual	Finucane	Geraldine	35-39	FEMALE	Clapham Chasers
10:22:40	217	Individual	Fisher	Rhian	30-34	FEMALE	
10:02:20	115	Individual	Ford	Jenna	25-29	FEMALE	Jenna Ford
10:07:20	140	Individual	Fraser	Ryan	35-39	MALE	
10:27:50	243	Individual	Galloway	Jennifer	25-29	FEMALE	Clapham Chasers
10:19:00	200	Individual	Gamble	Sally	30-34	FEMALE	
10:30:50	256	Team	Gemmell	Helen	30-34	FEMALE	
10:05:10	127	Individual	Georgiou	Anne	35-39	FEMALE	
10:06:10	133	Individual	Gilks	Isabelle	30-34	FEMALE	
10:06:50	137	Individual	Greaves	Iona	25-29	FEMALE	
10:11:00	157	Individual	Green	Chloe	30-34	FEMALE	
10:20:00	201	Individual	Green	Alex	35-39	MALE	Windrush Triathlon Club
10:32:00	263	Individual	Green	James	25-29	MALE	Ful-On Tri
10:13:10	170	Individual	Greening	Jo	35-39	FEMALE	Clapham Chasers
10:02:00	113	Individual	Greenwood	Kate	35-39	FEMALE	
10:07:50	143	Individual	Gwyther's	Isabel	55-59	FEMALE	Wimbledon Windmiler's
10:01:00	107	Individual	Hall	Kevin	45-49	MALE	Orpington Road Runners
10:26:00	232	Individual	Harris	Rhodri	25-29	MALE	
10:05:30	129	Individual	Hatchwell	Amy	35-39	FEMALE	
10:07:00	138	Individual	Hawkins	Nick	30-34	MALE	
10:17:40	192	Individual	Hayward	Guy	45-49	MALE	
10:31:00	257	Individual	heimisson	haukur	35-39	MALE	Ful-On Tri
10:30:00	251	Individual	Hibbott	Aaron	25-29	MALE	Marshside Health Club
10:26:40	236	Individual	Hickman	matthew	35-39	MALE	Clapham chasers
10:12:40	167	Team	Hook	Richard	40-44	MALE	26.2
10:07:40	142	Individual	Hubbard	Ben	25-29	MALE	TrackEast
10:01:10	108	Team	Jackson	Katy	35-39	FEMALE	
10:10:30	154	Individual	Jackson	Sophie	40-44	FEMALE	
10:18:50	199	Individual	James	Gavin	35-39	MALE	
10:33:00	269	Individual	Jenkins	Christina	35-39	FEMALE	Ful-On Tri
10:08:20	146	Individual	Jordan	Anja	45-49	FEMALE	
10:16:20	184	Individual	Junior	Jose	35-39	MALE	Juju y isa
10:13:40	173	Individual	LACY-SMITH	James	25-29	MALE	RDC
10:25:50	231	Individual	LANGLEY	Mark	50-54	MALE	
10:24:00	225	Individual	Lewis	Greg	55-59	MALE	Crystal Palace Triathletes
10:15:10	177	Individual	Lindvall	Leena	50-54	FEMALE	South London Harriers Tri Club



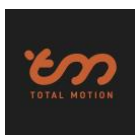
Total Motion Events

10:25:30	229	Individual	Linney	Catherine	50-54	FEMALE	Crystal Palace Triathletes
10:04:00	125	Individual	Logoreci	Philip	60-64	MALE	Clapham Chasers
10:15:00	176	Individual	Lucas	Hayley	25-29	FEMALE	
10:17:00	188	Individual	Lund	Maggie	25-29	FEMALE	
10:16:50	187	Individual	Lynch	Rachel	20-24	FEMALE	
10:11:20	159	Individual	Mackenzie	Sarah	35-39	FEMALE	Serpentine
10:00:30	104	Individual	Madan	Saurabh	25-29	MALE	
10:26:20	234	Individual	mains-sheard	nicola	30-34	FEMALE	
10:03:50	124	Individual	Marteau	Cycy	35-39	FEMALE	
10:27:00	238	Individual	Masters	Thomas	30-34	MALE	Ful-On Tri
10:32:50	268	Individual	Matthews	Elizabeth	30-34	FEMALE	Ful-On Tri
10:22:20	215	Individual	McAlister	Maria	30-34	FEMALE	
10:10:40	155	Individual	McCall	Lydia	30-34	FEMALE	
10:00:50	106	Individual	McCarthy	Joanne	30-34	FEMALE	
10:31:40	261	Individual	McCauley	Shane	40-44	MALE	Ful-On Tri
10:13:20	171	Individual	McGettigan	Michael	40-44	MALE	Clapham Chasers
10:11:50	162	Individual	McNamara	Tansie	17-18	FEMALE	
10:17:50	193	Individual	McNamara	Nicholas	55-59	MALE	South London Harriers Tri Club
10:20:20	203	Individual	McPaul	Joe	30-34	MALE	
10:02:30	116	Individual	Minisah	Rose-Marie	30-34	FEMALE	
10:07:30	141	Individual	Misson	Heilene	40-44	FEMALE	South London Swimming Club
10:06:00	132	Individual	Moore	Charlotte	25-29	FEMALE	
10:15:30	179	Individual	morgan	alex	25-29	FEMALE	Windrush Triathlon Club
10:01:20	109	Individual	Morman	Lisa	25-29	FEMALE	
10:06:30	135	Individual	Newell	Ben	35-39	MALE	Runhead
10:11:10	158	Individual	O'Mahony	Paul	35-39	MALE	
10:06:20	134	Individual	Parker	Chris	30-34	MALE	
10:26:50	237	Individual	Parry	Rob	35-39	MALE	Crystal Palace Triathletes
10:30:40	255	Individual	Patmore	Tom	20-24	MALE	Clapham Chasers
10:26:30	235	Individual	Patrick	Marie	25-29	FEMALE	Clapham Chasers
10:16:00	182	Individual	Pavitt	Nicola	25-29	FEMALE	Clapham Pioneers
10:25:40	230	Team	Pavlaki	Paraskevi	35-39	FEMALE	Penguin
10:25:00	226	Individual	Pollard	Thomas	25-29	MALE	Hyde Park Harriers Triathlon
10:18:30	197	Individual	Ray-Howett	Grant	45-49	MALE	Tunbridge Wells Triathlon Club
10:27:40	242	Individual	REID	Gordon	35-39	MALE	Clapham Chasers
10:31:10	258	Individual	Reys	Mike	45-49	MALE	Otter S



Total Motion Events

10:32:30	266	Individual	Rigby	Steve	55-59	MALE	South London Harriers Tri Club
10:01:50	112	Individual	Roseberg Montes	Cristina	35-39	FEMALE	
10:32:10	264	Individual	Rouse	Jonny	40-44	MALE	
10:33:10	270	Individual	Rouse	Jonny	40-44	MALE	
10:32:40	267	Individual	Rowse	Jonathan	40-44	MALE	
10:27:20	240	Individual	Rutter	Martin	35-39	MALE	Clapham Chasers
10:16:30	185	Individual	Sarris	Niovi	35-39	FEMALE	clapham chasers
10:32:20	265	Individual	Schofield	Daniela	30-34	FEMALE	Fish Fam
10:29:00	250	Individual	Scott	Alan	35-39	MALE	Clapham Chasers
10:12:50	168	Individual	Seddon	Hayley	30-34	FEMALE	10ironwomen
10:26:10	233	Individual	Shannon	Heather	30-34	FEMALE	
10:18:20	196	Individual	Sharpe	Laura	40-44	FEMALE	London Fields Triathlon Club
10:28:30	247	Individual	Shaw	Ian	40-44	MALE	Thames Turbo Triathlon Club
10:03:30	122	Individual	Slater	Ruth	40-44	FEMALE	
10:21:20	209	Individual	Sowerby	Simon	25-29	MALE	Clapham Chasers
10:03:10	120	Individual	Stephenson	Charles	35-39	MALE	
10:25:20	228	Individual	Stevenson	Neil	50-54	MALE	Tri London
10:00:00	101	Individual	Stokes	Georgina	35-39	FEMALE	Sutton Runners
10:01:30	110	Individual	Stokes	Victoria	35-39	FEMALE	Sutton Runners
10:05:40	130	Individual	Stripe	Katie	35-39	FEMALE	
10:16:10	183	Individual	Szilagyi	Andrea	35-39	FEMALE	
10:03:00	119	Individual	Taylor	Robert	25-29	MALE	
10:05:20	128	Individual	Terreno	Antonio	40-44	MALE	South London Swimming Club
10:21:40	211	Individual	Thompson	Will	25-29	MALE	Serpentine
10:27:30	241	Individual	Thorpe	Jessica	30-34	FEMALE	
10:11:30	160	Individual	Toms	Matthew	30-34	MALE	
10:07:10	139	Individual	Torr	Jessie	25-29	FEMALE	Clapham Chasers
10:01:40	111	Individual	Towch	Stephanie	35-39	FEMALE	
10:17:20	190	Individual	Tuplin	Catrina	45-49	FEMALE	Crystal Palace Triathletes
10:28:10	245	Individual	Van Deventer	John	30-34	MALE	
10:22:30	216	Individual	Vanhinsbergh	Lewis	30-34	MALE	Thames Turbo Triathlon Club
10:21:30	210	Individual	Viappiani	Marco	30-34	MALE	Serpentine
10:05:50	131	Individual	Wagstaff	Eilidh	25-29	FEMALE	
10:12:00	163	Individual	Ward	Rebecca	40-44	FEMALE	
10:14:00	175	Individual	Watts	Sarah	55-59	FEMALE	Ful-On Tri
10:20:40	205	Individual	Webber	Hannah	35-39	FEMALE	Thames Turbo Triathlon Club

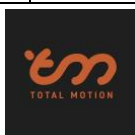


Total Motion Events

10:08:10	145	Individual	Wheeldon	Gillian	55-59	FEMALE	Herne Hill Harriers
10:30:20	253	Individual	White	Matthew	40-44	MALE	Crystal Palace Triathletes
10:18:00	194	Individual	Whiting	Jo	45-49	FEMALE	South London Harriers Tri Club
10:15:50	181	Individual	whitmore	steve	50-54	MALE	
10:10:20	153	Individual	Whyatt	Alyson	45-49	FEMALE	South London Harriers Tri Club
10:16:40	186	Individual	Willcox	Teresa	55-59	FEMALE	Thames Turbo Triathlon Club
10:10:00	151	Individual	Williams	Simon	55-59	MALE	Otter
10:30:10	252	Individual	Williams	Stuart	45-49	MALE	Crystal Palace Triathletes
10:31:50	262	Individual	Williams	Ciaran	30-34	MALE	Serpentine
10:28:40	248	Individual	Wilson	Paul	30-34	MALE	Serpentine
10:22:50	218	Individual	Yerbury	Katrina	40-44	FEMALE	

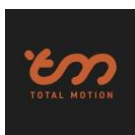
Provisional Starting List (Alphabetical)

Start Time	Race Number	Price type	Last Name	First Name	Age Category	Gender	Club Name
10:00:00	101	Individual	Stokes	Georgina	35-39	FEMALE	Sutton Runners
10:00:10	102	Individual	Chumber	Susheel	40-44	MALE	n/a
10:00:20	103	Individual	Brown	Emma	25-29	FEMALE	
10:00:30	104	Individual	Madan	Saurabh	25-29	MALE	
10:00:40	105	Individual	Crossland	Kate	30-34	FEMALE	Dacorum and Tring Athletics Club
10:00:50	106	Individual	McCarthy	Joanne	30-34	FEMALE	
10:01:00	107	Individual	Hall	Kevin	45-49	MALE	Orpington Road Runners
10:01:10	108	Team	Jackson	Katy	35-39	FEMALE	
10:01:20	109	Individual	Morman	Lisa	25-29	FEMALE	
10:01:30	110	Individual	Stokes	Victoria	35-39	FEMALE	Sutton Runners
10:01:40	111	Individual	Towch	Stephanie	35-39	FEMALE	
10:01:50	112	Individual	Rosemberg Montes	Cristina	35-39	FEMALE	
10:02:00	113	Individual	Greenwood	Kate	35-39	FEMALE	
10:02:10	114	Individual	Finucane	Geraldine	35-39	FEMALE	Clapham Chasers
10:02:20	115	Individual	Ford	Jenna	25-29	FEMALE	Jenna Ford
10:02:30	116	Individual	Minisah	Rose-Marie	30-34	FEMALE	
10:02:40	117	Individual	Clyne	Ailbhe	35-39	FEMALE	
10:02:50	118	Individual	Clarke	Freyja	25-29	FEMALE	
10:03:00	119	Individual	Taylor	Robert	25-29	MALE	



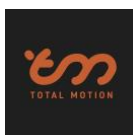
Total Motion Events

10:03:10	120	Individual	Stephenson	Charles	35-39	MALE	
10:03:20	121	Individual	D'Alessio	Pierre	50-54	MALE	
10:03:30	122	Individual	Slater	Ruth	40-44	FEMALE	
10:03:40	123	Individual	Clancey	Stephen	45-49	MALE	South London Harriers
10:03:50	124	Individual	Marteau	Cycy	35-39	FEMALE	
10:04:00	125	Individual	Logoreci	Philip	60-64	MALE	Clapham Chasers
10:05:00	126	Individual	Bean	Rob	30-34	MALE	London Heathside
10:05:10	127	Individual	Georgiou	Anne	35-39	FEMALE	
10:05:20	128	Individual	Terreno	Antonio	40-44	MALE	South London Swimming Club
10:05:30	129	Individual	Hatchwell	Amy	35-39	FEMALE	
10:05:40	130	Individual	Stripe	Katie	35-39	FEMALE	
10:05:50	131	Individual	Wagstaff	Eilidh	25-29	FEMALE	
10:06:00	132	Individual	Moore	Charlotte	25-29	FEMALE	
10:06:10	133	Individual	Gilks	Isabelle	30-34	FEMALE	
10:06:20	134	Individual	Parker	Chris	30-34	MALE	
10:06:30	135	Individual	Newell	Ben	35-39	MALE	Runhead
10:06:40	136	Individual	elliott	michelle	30-34	FEMALE	
10:06:50	137	Individual	Greaves	Iona	25-29	FEMALE	
10:07:00	138	Individual	Hawkins	Nick	30-34	MALE	
10:07:10	139	Individual	Torr	Jessie	25-29	FEMALE	Clapham Chasers
10:07:20	140	Individual	Fraser	Ryan	35-39	MALE	
10:07:30	141	Individual	Misson	Heilene	40-44	FEMALE	South London Swimming Club
10:07:40	142	Individual	Hubbard	Ben	25-29	MALE	TrackEast
10:07:50	143	Individual	Gwyther's	Isabel	55-59	FEMALE	Wimbledon Windmiler's
10:08:00	144	Individual	Eaton	Kate	55-59	FEMALE	South London Swimming Club
10:08:10	145	Individual	Wheeldon	Gillian	55-59	FEMALE	Herne Hill Harriers
10:08:20	146	Individual	Jordan	Anja	45-49	FEMALE	
10:08:30	147	Individual	Carro-Lopez	Elena	30-34	FEMALE	Run Dem Crew
10:08:40	148	Individual	Crockwell	David	60-64	MALE	Crystal Palace Triathletes
10:08:50	149	Individual	Barson	Martyn	40-44	MALE	
10:09:00	150	Individual	archer	paul	30-34	MALE	
10:10:00	151	Individual	Williams	Simon	55-59	MALE	Otter
10:10:10	152	Individual	Brierley-Rutter	Gemma	30-34	FEMALE	Clapham Chasers
10:10:20	153	Individual	Whyatt	Alyson	45-49	FEMALE	South London Harriers Tri Club
10:10:30	154	Individual	Jackson	Sophie	40-44	FEMALE	



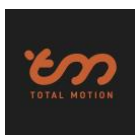
Total Motion Events

10:10:40	155	Individual	McCall	Lydia	30-34	FEMALE	
10:10:50	156	Individual	Bricout	Rob	55-59	MALE	Clapham Chasers
10:11:00	157	Individual	Green	Chloe	30-34	FEMALE	
10:11:10	158	Individual	O'Mahony	Paul	35-39	MALE	
10:11:20	159	Individual	Mackenzie	Sarah	35-39	FEMALE	Serpentine
10:11:30	160	Individual	Toms	Matthew	30-34	MALE	
10:11:40	161	Individual	BARKER	Adam	25-29	MALE	
10:11:50	162	Individual	McNamara	Tansie	17-18	FEMALE	
10:12:00	163	Individual	Ward	Rebecca	40-44	FEMALE	
10:12:10	164	Individual	Cook	Natalie	30-34	FEMALE	
10:12:20	165	Individual	Eagling	Michael	19	MALE	
10:12:30	166	Individual	DORIS	W	45-49	MALE	
10:12:40	167	Team	Hook	Richard	40-44	MALE	26.2
10:12:50	168	Individual	Seddon	Hayley	30-34	FEMALE	10ironwomen
10:13:00	169	Individual	Bowcutt	Rowann	30-34	FEMALE	
10:13:10	170	Individual	Greening	Jo	35-39	FEMALE	Clapham Chasers
10:13:20	171	Individual	McGettigan	Michael	40-44	MALE	Clapham Chasers
10:13:30	172	Individual	Coulter	Elizabeth	30-34	FEMALE	Clapham Chasers
10:13:40	173	Individual	LACY-SMITH	James	25-29	MALE	RDC
10:13:50	174	Individual	Courage	Alex	25-29	FEMALE	Ful-On Tri
10:14:00	175	Individual	Watts	Sarah	55-59	FEMALE	Ful-On Tri
10:15:00	176	Individual	Lucas	Hayley	25-29	FEMALE	
10:15:10	177	Individual	Lindvall	Leena	50-54	FEMALE	South London Harriers Tri Club
10:15:20	178	Individual	Cox	Oliver	25-29	MALE	Clapham Chasers
10:15:30	179	Individual	morgan	alex	25-29	FEMALE	Windrush Triathlon Club
10:15:40	180	Individual	Curtis	Sarah	30-34	FEMALE	10IronWomen
10:15:50	181	Individual	whitmore	steve	50-54	MALE	
10:16:00	182	Individual	Pavitt	Nicola	25-29	FEMALE	Clapham Pioneers
10:16:10	183	Individual	Szilagyi	Andrea	35-39	FEMALE	
10:16:20	184	Individual	Junior	Jose	35-39	MALE	Juju y isa
10:16:30	185	Individual	Sarris	Niovi	35-39	FEMALE	clapham chasers
10:16:40	186	Individual	Willcox	Teresa	55-59	FEMALE	Thames Turbo Triathlon Club
10:16:50	187	Individual	Lynch	Rachel	20-24	FEMALE	
10:17:00	188	Individual	Lund	Maggie	25-29	FEMALE	
10:17:10	189	Individual	Dracup	Adrian	35-39	MALE	Kent AC
10:17:20	190	Individual	Tuplin	Catriona	45-49	FEMALE	Crystal Palace Triathletes



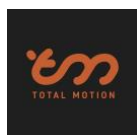
Total Motion Events

10:17:30	191	Individual	Davies	Rhys	60-64	MALE	Ful-On Tri
10:17:40	192	Individual	Hayward	Guy	45-49	MALE	
10:17:50	193	Individual	McNamara	Nicholas	55-59	MALE	South London Harriers Tri Club
10:18:00	194	Individual	Whiting	Jo	45-49	FEMALE	South London Harriers Tri Club
10:18:10	195	Individual	Dowling	Sarah	50-54	FEMALE	Kent Ac
10:18:20	196	Individual	Sharpe	Laura	40-44	FEMALE	London Fields Triathlon Club
10:18:30	197	Individual	Ray-Howett	Grant	45-49	MALE	Tunbridge Wells Triathlon Club
10:18:40	198	Individual	Daee	Sam	25-29	MALE	
10:18:50	199	Individual	James	Gavin	35-39	MALE	
10:19:00	200	Individual	Gamble	Sally	30-34	FEMALE	
10:20:00	201	Individual	Green	Alex	35-39	MALE	Windrush Triathlon Club
10:20:10	202	Individual	Bugler	Eve	30-34	FEMALE	Clapham Chasers
10:20:20	203	Individual	McPaul	Joe	30-34	MALE	
10:20:30	204	Individual	Brook	Kate	45-49	FEMALE	Thames Turbo Triathlon Club
10:20:40	205	Individual	Webber	Hannah	35-39	FEMALE	Thames Turbo Triathlon Club
10:20:50	206	Individual	Carruthers	Robert	30-34	MALE	Tri London
10:21:00	207	Individual	Brown	David	30-34	MALE	South London Harriers Tri Club
10:21:10	208	Individual	Fairfax	Susan	40-44	FEMALE	Crystal Palace Triathletes
10:21:20	209	Individual	Sowerby	Simon	25-29	MALE	Clapham Chasers
10:21:30	210	Individual	Viappiani	Marco	30-34	MALE	Serpentine
10:21:40	211	Individual	Thompson	Will	25-29	MALE	Serpentine
10:21:50	212	Individual	Bubb-Humfryes	Julian	30-34	MALE	
10:22:00	213	Individual	Crawford	Fiona	30-34	FEMALE	
10:22:10	214	Individual	Baker	Max	30-34	MALE	
10:22:20	215	Individual	McAlister	Maria	30-34	FEMALE	
10:22:30	216	Individual	Vanhinsbergh	Lewis	30-34	MALE	Thames Turbo Triathlon Club
10:22:40	217	Individual	Fisher	Rhian	30-34	FEMALE	
10:22:50	218	Individual	Yerbury	Katrina	40-44	FEMALE	
10:23:00	219	Individual	cooke	catherine	45-49	FEMALE	Crystal Palace Triathletes
10:23:10	220	Individual	Cherry	George	30-34	MALE	
10:23:20	221	Individual	Bobillon	Beatrice	35-39	FEMALE	Clapham Chasers
10:23:30	222	Individual	argles	robert	50-54	MALE	Ful-On Tri
10:23:40	223	Individual	Falconer	Katie	30-34	FEMALE	South London Harriers Tri Club



Total Motion Events

10:23:50	224	Individual	Earnden	Rosie	20-24	FEMALE	Hyde Park Harriers Triathlon
10:24:00	225	Individual	Lewis	Greg	55-59	MALE	Crystal Palace Triathletes
10:25:00	226	Individual	Pollard	Thomas	25-29	MALE	Hyde Park Harriers Triathlon
10:25:10	227	Individual	Bruwer	Martin	40-44	MALE	Ful-On Tri
10:25:20	228	Individual	Stevenson	Neil	50-54	MALE	Tri London
10:25:30	229	Individual	Linney	Catherine	50-54	FEMALE	Crystal Palace Triathletes
10:25:40	230	Team	Pavlaki	Paraskevi	35-39	FEMALE	Penguin
10:25:50	231	Individual	LANGLEY	Mark	50-54	MALE	
10:26:00	232	Individual	Harris	Rhodri	25-29	MALE	
10:26:10	233	Individual	Shannon	Heather	30-34	FEMALE	
10:26:20	234	Individual	mains-sheard	nicola	30-34	FEMALE	
10:26:30	235	Individual	Patrick	Marie	25-29	FEMALE	Clapham Chasers
10:26:40	236	Individual	Hickman	matthew	35-39	MALE	Clapham chasers
10:26:50	237	Individual	Parry	Rob	35-39	MALE	Crystal Palace Triathletes
10:27:00	238	Individual	Masters	Thomas	30-34	MALE	Ful-On Tri
10:27:10	239	Individual	Dyer	Alec	45-49	MALE	Thames Turbo Triathlon Club
10:27:20	240	Individual	Rutter	Martin	35-39	MALE	Clapham Chasers
10:27:30	241	Individual	Thorpe	Jessica	30-34	FEMALE	
10:27:40	242	Individual	REID	Gordon	35-39	MALE	Clapham Chasers
10:27:50	243	Individual	Galloway	Jennifer	25-29	FEMALE	Clapham Chasers
10:28:00	244	Individual	Chute	Charlie	35-39	MALE	Thames Turbo Triathlon Club
10:28:10	245	Individual	Van Deventer	John	30-34	MALE	
10:28:20	246	Individual	Ellerker	Amy	25-29	FEMALE	Clapham Chasers
10:28:30	247	Individual	Shaw	Ian	40-44	MALE	Thames Turbo Triathlon Club
10:28:40	248	Individual	Wilson	Paul	30-34	MALE	Serpentine
10:28:50	249	Individual	Berger	Juan	20-24	MALE	
10:29:00	250	Individual	Scott	Alan	35-39	MALE	Clapham Chasers
10:30:00	251	Individual	Hibbott	Aaron	25-29	MALE	Marshside Health Club
10:30:10	252	Individual	Williams	Stuart	45-49	MALE	Crystal Palace Triathletes
10:30:20	253	Individual	White	Matthew	40-44	MALE	Crystal Palace Triathletes
10:30:30	254	Individual	Christodoulou	Yiannis	35-39	MALE	Ashford Triathlon Club
10:30:40	255	Individual	Patmore	Tom	20-24	MALE	Clapham Chasers
10:30:50	256	Team	Gemmell	Helen	30-34	FEMALE	
10:31:00	257	Individual	heimisson	haukur	35-39	MALE	Ful-On Tri
10:31:10	258	Individual	Reys	Mike	45-49	MALE	Otter S



Total Motion Events

10:31:20	259	Individual	Chie	Chris	35-39	MALE	London Fields Triathlon Club
10:31:30	260	Individual	Curd	Katie	25-29	FEMALE	Tri London
10:31:40	261	Individual	McCauley	Shane	40-44	MALE	Ful-On Tri
10:31:50	262	Individual	Williams	Ciaran	30-34	MALE	Serpentine
10:32:00	263	Individual	Green	James	25-29	MALE	Ful-On Tri
10:32:10	264	Individual	Rouse	Jonny	40-44	MALE	
10:32:20	265	Individual	Schofield	Daniela	30-34	FEMALE	Fish Fam
10:32:30	266	Individual	Rigby	Steve	55-59	MALE	South London Harriers Tri Club
10:32:40	267	Individual	Rowse	Jonathan	40-44	MALE	
10:32:50	268	Individual	Matthews	Elizabeth	30-34	FEMALE	Ful-On Tri
10:33:00	269	Individual	Jenkins	Christina	35-39	FEMALE	Ful-On Tri
10:33:10	270	Individual	Rouse	Jonny	40-44	MALE	

